2019 – 2020
ATHLETIC HANDBOOK

St. Peter
Lutheran Church & School

111 W. Olive Street, Arlington Heights 847.259.4114 fulllifeinchrist.org @StPeterAH

St. Peter Lutheran School Mission

St. Peter Lutheran School is committed to preparing students for a Full Life in Christ by engaging them with a comprehensive, Christian education.

VISION

St. Peter Lutheran School will become a vibrant learning community that is Christ centered, family oriented and simply unparalleled.

CORE VALUES

1. **To Cultivate Christian Values and Lifestyles** where students are empowered and inspired to lead a full life in Christ

2. **To Provide an Academically Rigorous and Inclusive Education** that connects the church, school and families in a collaborative learning environment

3. **To Foster and Maintain a Safe Environment** that nurtures students to grow not only academically, but physically, emotionally, spiritually and socially which includes a rich array of extracurricular activities

4. **To Prepare Students for All Aspects of Life beyond St. Peter** by developing their leadership, communication and management skills for a global workplace while encouraging them to be service oriented

St. Peter Core Athletic Objectives

While fully embracing and operating under the values of our Church and School, the Saints Athletic Program pursues its mission by adhering to the following core objectives:

1. To help student-athletes grow in their relationship with Christ while teaching them to accept responsibility, serve the need of the team, and demonstrate respect in a Christ-like manner. **(Ephesians 3:17-19)**

2. To provide the coaches, players, and spectators alike an opportunity to witness for Christ through athletic events by word and action. **(Matthew 5:14-16)**

3. To allow student-athletes to use their physical gifts in sport to God's glory while encouraging lifelong wellness and proper social interaction. **(1 Corinthians 6:19-20)**

4. To provide competitive situations that facilitate goal setting, appropriate emotional growth, and proper response in times of adversity and triumph. **(James 1:2-4, Philippians 2:3-8 & 3:13-14)**

"The Next Play Mentality Initiative"

Philippians 3:13-14 "…forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

St. Peter Lutheran School has a duty to assure that the athletic program imparts important life skills and promotes the development of good character as a Christian institution and as a member of the NWSLC, MSMSAC, IESA, and LSA. At all practices

and athletic contests, coaches, players and parents are expected to emphasize and model the proper ideals of sportsmanship, ethical conduct and fair play as we are all to be an example of Christ.

Ephesians 5:1-2 - "Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."

With this in mind, St. Peter embraces the ***Next Play Mentality (NPM) Initiative***. When one considers the complaints or displays of bad behavior or inappropriate comments, we would agree that this happens over a play that has already occurred. The coach vehemently disagrees with a call and receives a technical over a play that has already happened. A player displays visual disgust in gestures and words that warrant a technical foul/red card/ejection over a play that has already happened. A parent or fan screams their displeasure at an official over a play that has already happened. All of this displays behavior inappropriate for constituents of a Christian institution, or of any institution. When we inappropriately react to a past play, we waste energy over a play which cannot be redone or a call which cannot and will not be changed. This is an inefficient use of time as we, coaches, players and parents, miss out on being positively involved in the NEXT play, which is what we can control. We can positively impact the next play, but will never do so when complaining or displaying disgust from a previous play. So we must engage the Next Play Mentality and when we do our modeling of true sportsmanship, a Christ-like behavior will emerge.

1 Thessalonians 5:11- "Encourage one another and build each other up."

*The NPM Initiative was adopted and used with permission in collaboration with Prince of Peace Christian School, Carrolton, TX (Earl W. Garland – AD) and Our Redeemer Lutheran School, Wauwatosa, WI (Jamie Kohlmeier – AD).

Athletic Code of Conduct

With the St. Peter Core Athletic Objectives and the Next Play Mentality in mind, coaches, athletes, and parents/fans will follow the below Athletic Codes of Conduct.

Coaches will:

- Serve as a Christian role models in all situations
- Be prompt to practices and games
- Model proper sideline behavior during games
- Be gracious in victory and accept defeat with dignity
- Deal in a respectful manner with officials and opposing coaches
- Refrain from teaching tactics that violate the spirit of the rules of their sport
- Hold players accountable for their behavior
- Continue to search for and implement new ways to teach and train players
- Serve as the official school representative at practices, games, and tournaments
- Maintain proper communication with players and parents

Players will:

- Follow all guidelines laid out in the SP Student Handbook
- Make academic studies their highest priority as a STUDENT-athlete
- Be prompt to practices and games and communicate with the coach when missing is necessary
- Be gracious in victory and accept defeat with dignity
- Be respectful to others - No offensive remarks, trash talking, taunting, boastful celebrations, or other actions that would demean individuals or the sport.
- Treat game officials with respect – No complaining about calls during or after an athletic event
- Exercise self-control – Avoid excessive displays of anger or frustration
- Exemplify a healthy life-style encouraging good nutrition and rest
- Be COACHABLE - open-minded, willing to listen, trust, and learn
- Encourage team work on and off the court
- Honor the spirit and letter of rules of the sport – avoid improper gamesmanship techniques that violate the highest traditions of sportsmanship
- Engage in positive cheering only
- Be respectful of equipment and assist with set-up and take-down for games and practices
- Accept their role on the team and understand how their attitude and actions affect the group

Parents/Fans will:

- Serve as a Christian role models in all situations
- Cheer positively for their team and refrain from using artificial noise makers
- Refrain from shouting at officials or making demeaning comments regarding the officials or opposing school
- Refrain from shouting coaching comments, allowing the coach to manage the team without interruption
- Support the coach even if you disagree
- Follow proper channels of communication when there is a concern
- Assist coaches and staff in the setting up and taking down of equipment for games
- Become active in the Booster Club by volunteering at athletic events hosted throughout the year by St. Peter (FDM XC Invite, Saints Shootout, & LSA State Basketball Tournament)

Consequences

The following disciplinary action will be taken for any players, coaches, or fans who violate the Athletic Code of Conduct and NPM.

Coaches

- Any coach receiving a technical or other official directed enforcement will need to meet with the Athletic Director to ensure our high standards of conduct are re-established.
- Any coach unable to adhere to those standards will be removed from the coaching staff.

Players

- Inappropriate behavior will result in reduced playing time or the player may be excused from the team.
- A player receiving a technical foul or displaying unsportsmanlike behavior will lose playing time and will need to meet with the Athletic Director to ensure our high standards of conduct are re-established.
- Continued misconduct will result in removal from the team.
- Participants who decide to quit a team will not be allowed to rejoin the team without following a reinstatement process laid out by the Athletic Director.

Parents/Fans

- May be ejected from the contest for inappropriate behavior.
- Parents/Fans finding it difficult to be a Christian example in the stands can expect to be contacted by the Athletic Director to ensure our high standards of conduct are re-established.
- Persistent violations will result in that parent/fan being asked not to attend future contests.

Athletic Directors' Role

The Athletic Director will . . . .

- Serve as a Christian role models in all situations
- Uphold all athletic policies, procedures, and expectations
- Schedule interscholastic sports events.
- Register and participate in team tournaments or events.
- Order and maintain necessary equipment. Provide for use and inventory of athletic equipment.
- Order and maintain uniforms.
- Arrange supervision at games, meets, and matches.
- Attend games, meets, and matches when possible.
- Schedule practices for teams.
- Maintain communication with the principal.
- Attend appropriate meetings and coordinate programs with both athletic conferences.
- Issue payments for coaches, officials, tournaments, etc.
- Arrange for publication of the results of games, meets, and matches.
- Maintain current records and pictures for athletic events and seasons.
- Perform orientation, supervision, and evaluation of coaches.
- Arrange for appropriate camps, clinics, and athletic experiences.
- Maintain an Athletic document containing overview and philosophy of the program.
- Schedule parent meetings at the beginning of each season.
- Provide coaches with support, necessary equipment, and access to facilities.
- Maintain the Athletic Handbook
- Administer the Booster Club.
- Arrange Athletic Banquet/Celebration at the conclusion of the year.
- Maintain financial accountability for the athletic budget.

- Document and file participant permission and medical forms.

Athletic Director: Matt Huonder (224-387-3893 / mhuonder@fulllifeinchrist.org)

The Assistant Athletic Director will support the AD with the above responsibilities primarily in the areas of …

- Serve as a Christian role models in all situations
- Supervision at home games, meets, and matches
- Preparation and on-site support for major athletic events
- Administration of the Booster Club
- Organizing and maintaining registration, Summer Camp, and Uniforms

GOVERNING BODIES AND AFFILIATIONS

St. Peter is a member organization of the following groups:

Illinois Elementary School Association (IESA)
The IESA is the athletic governing body for all public elementary schools as well as many private and parochial elementary schools of Illinois. The IESA provides standards, rules, and guidelines for member schools to follow. The IESA also provides tournaments at the regional and state levels to determine state champions.

Lutheran Sports Association of Illinois (LSA)
The LSA provides opportunities for state-wide competition and fellowship between Lutheran schools, their athletes, and families. The LSA provides state championship tournaments for Boys' and Girls' Volleyball, Boys' and Girls' Basketball, Cheerleading, and Boys' and Girls' Track. St. Peter participates in each of these tournaments, ***contingent on application and acceptance***. St. Peter has been one of the sites for the grade-school basketball competition since its inception in 1985.

Lutheran Basketball Association of America (LBAA)
The LBAA was founded in 1970 and has facilitated basketball competition among Lutheran schools throughout the country by hosting an annual National tournament at Valparaiso University in Indiana. St. Peter participates in this tournament, ***contingent on application and acceptance***.

St. Peter Application Criteria

Every year, it is a goal of the St. Peter Athletic Department to have our teams qualify for LSA State and LBAA National competition. The LSA and LBAA facilitate great opportunities for Christian fellowship, high level competition and something to work toward to bring each season to a close. St. Peter strongly supports the efforts of both associations and plans to be a part of the growth in these competitions.

Both associations use a thorough selection process to decide which teams qualify for their tournaments. In order to give our players and coaches attainable goals throughout the season to prepare them for the level of competition at these tournaments, the following criteria for the sports of volleyball and basketball must be met in order for our school to submit an application:

LSA State Competition (At least one of the following must be met.)

- Attain a .500 winning percentage for the regular season (excluding MSMSAC competition)
- Place 1st, 2nd, 3rd, or Consolation in a tournament of 8 teams or more
- Place 1st or 2nd in the MSMSAC or NWSLC conference

LBAA National Basketball Competition (At least two of the following must be met.)

- Attain a .600 winning percentage for the regular season (including MSMSAC competition)
- Place 1st, 2nd, or 3rd in a tournament of 8 teams or more
- Place 1st or 2nd in the MSMSAC or NWSLC conference
  **Selection also based on LSA State results*

Mid-Suburban Middle School Athletic Conference (MSMSAC)

St. Peter is a founding member of the MSMSAC. The MSMSAC provides rules, regulations, and guidelines, as well as schedules, tournaments, and sportsmanship awards for each of the following sports:

Boys' and Girls' Cross Country
Boys' and Girls' Basketball
Boys' Wrestling (MacArthur Co-Op)
Poms / Cheerleading
Boys' and Girls' Track

The Mid-Suburban Middle School Athletic Conference includes:

Cooper Middle School
Holmes Middle School
Lincoln Middle School
London Middle School
MacArthur Middle School
River Trails Middle School
St. Peter Lutheran School

Northwest Suburban Lutheran Conference (NWSLC)

The NWSLC provides rules, regulations, and guidelines as well as schedules and tournaments for each of the following sports:

Cross Country Meets (2)
Boys and Girls Fall Volleyball
Boys and Girls Basketball
Track & Field Meet (1)

The Northwest Suburban Lutheran Conference now includes:

Grace, River Forest
St. Paul, Mt. Prospect
St. Andrews, Park Ridge

St. Peter participates in the following interscholastic sports:

Boys' Sports	**Girls' Sports**
Cross Country (MSMSAC, LSA)	Cross Country (MSMSAC, LSA)
Fall Volleyball (NWSLC, LSA)	Fall Volleyball (NWSLC, LSA)
Basketball (MSMSAC, NWSLC, LSA)	Basketball (MSMSAC, NWSLC, LSA)
Track and Field (MSMSAC, LSA)	Poms/Cheerleading (MSMSAC, LSA)

Track and Field (MSMSAC, LSA)

*LSA sport contingent on application and acceptance.

SPORTS SEASON SUMMARIES

Boys' and Girls' Cross Country (Grades 6-8)
The Cross Country season for both boys and girls runs from late-August until the end of October. There are varsity and junior varsity teams for both boys and girls. Meets are held weekdays after school and on Saturdays. Runners and teams can qualify for the LSA state championship meet and National Lutheran Meet.

Jr. Running Club (Grades 4-5)
This program serves as an introduction to running and endurance training. Members of the Jr. Running Club will have the opportunity to practice on select days with the Cross Country team and participate in the NWSLC Meets, FDM Invitational, and the LSA State Meet should the team qualify.

Boys' and Girls' Fall Volleyball (Grades 7-8)
The fall Volleyball season for both boys and girls runs from late-August until early November. Depending on the number of participants, tryouts/evaluations will be conducted to form one boys' team and one girls' team will be selected. Matches are held after school during the week with tournaments happening on Saturday and Sunday. If teams qualify for the LSA state championships in early November, an overnight trip would be required.

Boys' and Girls' Co-ed Fall Volleyball (Grade 6)
This program serves as an introduction to volleyball skills and gameplay. Members of the team will practice 2-3 times a week will have the opportunity to compete against other schools in the NWSLC. The season ends in late October with a Conference Tournament.

Boys' and Girls' Fifth Grade, Sixth Grade, and Junior Varsity Basketball (Grades 5-7)
These teams will practice 2-4 times a week depending on grade level. Games are played after school, as well as in evenings during the week. Games and tournaments may also be scheduled on the weekends. There are no overnight trips.

Boys' and Girls' Varsity Basketball
Varsity Basketball for both boys and girls runs from November until the end of March. 6th – 8th Grade Evaluations are conducted to form teams. Games are played after school, as well as in evenings during the week. Games and tournaments will also be scheduled on weekends. Teams can qualify to participate in the LSA state tournament and the LBAA national tournament. An overnight trip may be required.

Poms & Cheerleading (Grades 6-8)
The goal of the cheerleading program is to allow our participants to use their athletic talents and school spirit to help facilitate St. Peter support at home athletic competitions and events. As participants in athletic events, Saints cheerleaders are expected to engage and lead fans through organized cheers and dance. The squad will perform at home basketball games, pep assemblies and competitions as scheduled.

Boys' and Girls' Track and Field (Grades 5-8)
Track and Field for both boys and girls runs from mid-March until the end of May. Meets are held after school and in the evenings during the week. Invitational meets may be scheduled on Saturdays and Sundays. Teams and individuals can qualify for the LSA state championship meet. *5th graders are not guaranteed a spot in the MSMSAC Conference Meet.*

Athletic Communication

The following means will be used to communicate team information, schedules, and expectations:

Parent Meetings - Before each season, parents are expected to attend these meetings.
Printed Schedules – The School Calendar printed in the Summer is subject to change.

Morning Announcements, Weekly Friday Flyer, Weekly Middle School Madness Newsletter, E-mails from Coaches and Athletic Director
Game/Meet Cancellations will come directly from the Athletic Director via e-mail.

Conflict Resolution
When a player concern or conflict arises, the following progression of communication should be followed. In all situations, the meeting arrangement should be made in advance.

1) *Athlete meets with the coach.*
2) *Athlete and Parent meet with the coach (Adhering to the 24-hour rule.)*
3) *Athlete, Parent, and Coach meet with the Athletic Director.*
4) *All parties meet with the Principal.*

24-hour rule – If a parent needs to speak to a coach regarding something that comes up or happens in a game, we ask that you wait at least a day after the competition to initiate that conversation. This allows anyone involved to step back from the situation, process it and then work toward a solution.

2:30 – 6:00 Athletic Study Hall (ASH)

Any student-athlete is eligible to stay in Extended Care until their practice starts **for an hourly rate of $2.50.** The supervision fee will be charged to each participant's tuition bill. All school policies remain intact during this time and any exceptions will be outlined by the Athletic Director and Extended Care Program Administrators in the Code of Conduct (back of athletic handbook). **All snacks must be chosen from the St. Peter Lutheran School Food List referenced in the school handbook.** Anyone staying in Extended Care will need to fill out a weekly or seasonal reservation form that will be e-mailed out to all participating families. *Students of families electing to make a seasonal reservation must check-in daily at ASH before attending other school related activities.* Athletes will be dismissed to their game or practice once a coach is present. Student-athletes are never allowed in the locker rooms without the presence and permission of a coach.

Booster Club

The Booster Club is the parents group that helps support the athletic program through fund-raising activities, the selling of concessions, and the planning of tournaments. The Booster Club helps with the purchase of equipment and supports other major projects. All parents with children in the athletic program are encouraged to become active in the Booster Club by attending meetings, giving input, chairing committees, taking a leadership role, taking on a team representative position or serving at events. All parents will be requested to help in the concession stand at home games and provide volunteer support when their child participates in a specific sport season. The following events require a strong volunteer effort: FDM Cross Country Invitational, the Saints Shootout (Basketball), and the LSA (Basketball) Tournament.

Participation Fees

There is a non-refundable fee charged per athlete per sport. This fee offsets the costs of equipment, uniforms, officials, and tournaments. 2019-20 Participation Fees:
Volleyball - $100, JV Volleyball - $75, Cross Country - $75, Jr. Running Club - $50
Varsity Basketball - $200, 5th & 6th Basketball - $150, Cheerleading - $75, Track & Field - $75 (5th Grade Track - $50)

Physical Forms

In order to participate in St. Peter athletics, each student must have a certificate of physical fitness issued by a licensed physician not more than 395 days preceding any date of participation on file at the school (IHSA / IESA School By-Law).

Concussion Policy

Any student who exhibits signs, symptoms, or behaviors consistent with a concussion, for example, loss of consciousness, headache, dizziness, confusion, or balance problems will be immediately removed from a game or practice and will not be allowed to return to play until cleared by an appropriated health care professional in writing. *To ensure the safety of St. Peter student-athletes and compliance with the Youth Sports Concussion Safety Act, the athletic program concussion protocol includes the following components: 1) the formation of a Concussion Oversight Team that includes the athletic directors, the school nurses, principals and family doctor 2) Coaching & COT Education as it pertains to identifying and responding to concussions 3) Student-Athlete & Guardian Education and Sign-Off Form 4) Outline of Return-to-Play, Return-to-Learn, and Emergency Action Plan Protocols.*

Uniform Policy & Care

School provided uniforms are to be worn only for school sponsored contests. Uniforms are expected to be returned in good condition at the end of the season. Uniforms should hang dry or be dried at cool temperature on a gentle cycle in the machine.

Students will not be permitted to participate in their next sport until their uniform from the previous season is returned. The athlete may be charged the cost of a lost or damaged uniform.

Supervision & Transportation

Supervision for student athletes is the joint responsibility of the coaches, parents, and athletic director. Supervision before, during, or after practices and games is primarily the responsibility of the coaching staff and the athletic director. The head coach is the official school representative and supervisor for away games and tournaments.

At the conclusion of an after school activity students will be escorted to the Bartz Hall entrance for pick-up. If no one is there to pick them up, they will be taken to Extended Care.

Parents are responsible for arranging transportation for their children to and from activities. It is not the responsibility of coaches or coordinators to arrange transportation for students. (Refer to the back of your athletic handbook for a school directory for away games.)

On overnight trips, each student athlete and their actions are the responsibility of his/her parent or guardian, or their designated responsible adult. If a student is to be the responsibility of an adult other than the parent or guardian, notification must be given in writing.

ELIGIBILITY POLICY

Participation in extracurricular activities is strongly encouraged. The purpose of the Eligibility Policy is not to eliminate students from participation but to encourage students to work to the best of their ability. However, as some students need to be directed to take care of academics first, the following procedures regarding eligibility have been established:

1. Students are checked for eligibility at mid-quarter and quarter, for a total of 8 times each school year.

2. A student becomes ineligible to practice, participate, or play when any one of the following exists:

   A. A student is failing one or more classes
   B. A student has two or more D's
   C. A student receives an Incomplete
   D. Discipline record supports it

   A teacher-initiated improvement plan will be developed for the student on probation. Included in that plan could be:

- After school resource
- Project work
- Tutoring
- Assignment check in
- Conference with parents

3. The ineligibility period is as follows:

    - 5 days from the Monday after the date of issuance (applies on incompletes and mid-quarter checks)
    - 10 days from the Monday after the date of issuance (applies on quarter report cards)

4. The ineligibility period remains in effect until the 5 or 10-day window is complete, and work reaches a satisfactory level, as listed above. Teachers must sign student forms when grades have improved and meet the level stated on the eligibility standards.

5. A student who remains ineligible for three consecutive weeks may be dropped from the team, squad, or group.

6. An ineligible student may not participate in extra-curricular activities or in school-sponsored events including, but not limited to, athletics, Oracle, Student Council activities, drama, clubs, and out-of-school competition.

7. Parents sign ineligibility slips and students return them to the Assistant Principal. Students not returning a signed slip will remain ineligible beyond the 5 or 10-day window and will be referred to the Principal.

Participation Guidelines

1. Any student participating in a St. Peter sport must complete an athletic registration found on the St. Peter website, a signed commitment / consent form made available through the athletic office, and a concussion information sign-off form.

2. Any student who is absent more than two hours of a school day does not receive credit for a full day of school. Students must have credit for a whole day of school to participate in their sport that day. Exceptions would be made for an excused absence such as medical appointments, school-related activities, and family emergencies.

   When children are ill, a phone call to the parent is made from the school office or the school nurse, and the student is to wait at the school office or nurse's office for the parent or guardian. A record of the early dismissal is to be made by the school secretary or nurse. Students who leave school for illness may not participate in school sponsored activities the remainder of the day. In the best interest of a student's health and the health of their teammates/classmates, a student who is absent for any part of the school day due to illness, is not allowed to attend or participate in any athletic competition, practice, or school-sponsored activity the same afternoon or evening.

4. Dual Participation in one season is permitted at the discretion of the Athletic Director and parent/guardian of the athlete. Students are expected to fully participate in all practices and games unless exceptions have been made. Games or meets take priority over the practice of the other sport in situations where the schedule overlaps.

5. School cell phone and technology policies are to be followed at all school sponsored practices and games. Cell phones are not allowed in the locker rooms.

6. Students may elect to serve as a manager on a team if they do not want to physically participate. Managers are expected to sign a commitment form and are eligible to receive recognition outlined by the awards program.

Basketball & Volleyball Participation

1. At the fifth and sixth grade levels all attempts will be made to give every interested student a spot on a team. There is a strong emphasis on player participation and playing time will be closely monitored to ensure everyone has the opportunity to compete.
2. The athletic program follows a **"No Cut – Competitive"** Philosophy for Varsity Level (7/8) sports. Depending on the number of participants in a given year, the coaches and athletic department will utilize **"Evaluation Days"** to place participants on teams that appropriately meet their ability levels. Equal playing time during games or throughout the season is not guaranteed on a Varsity level team.
3. When appropriate, student-athletes from lower grades may be moved up to Varsity level teams.
4. If necessary, players may be moved to a different team to meet roster needs. Decisions to move a player will be made at the discretion of the Athletic Director and the involved coaches. Parent consent will also be utilized in these situations.
5. At all levels, players will be held accountable to the player expectations they agreed to by signing the Athletic Commitment and Consent form. Playing time during games is not guaranteed to those who do not regularly attend practice and abide by these guidelines.

AWARDS PROGRAM

The athletic awards program is a process whereby students who participate in athletics earn awards for their participation and achievement in athletics. These awards are presented at the end of the year athletic banquet and graduation ceremonies. The following awards are presented:

SPORT PARTICIPATION AWARDS

Pins are awarded to athletes for participation in a complete season in each sport. If an athlete's participation falls below 50%, this award will be given at the discretion of the coach and athletic director.

Pins are meant to be collected on a “SP” letter badge or St. Peter Pennant which is presented upon completion of the first season of any sport or extracurricular activity.

Pins are also awarded for participation in band, choir, jazz band, drama, SOS & Oracle.

Praying Hands Award – “In HIS name we play and pray”

A plaque is awarded to the athlete who participates and completes three seasons in one year. In order to receive credit for full participation, an athlete must attend 80% (excluding injury) of the required activities.

EIGHTH GRADE ATHLETIC AWARDS

At the end of the eighth grade year, four special awards are given to recognize academic and athletic achievement:

Booster Club Scholar Athlete Awards – The St. Peter Booster Club presents these awards to two 8th grade student-athletes (male and female) who have demonstrated excellence through their athletic participation and academic accomplishments while they were in middle school. A combination of academic rank and number of sports seasons completed in 6th – 8th grade is used to calculate results.

Judy Satikas Memorial Athletic Award & Fred D. Martin Athletic Award – These awards are given out annually to an 8th grade Boy (FM) and Girl (JS) who are outstanding participants in the St. Peter Athletic Program. Athletes are nominated by coaches throughout their 8th grade year and are chosen by the athletic director and school administration. Nominees should demonstrate strong moral character, leadership, dedication, and excellence in their athletic participation, academic performance, and interaction with the whole school community

Judy Satikas – This award is given each year in memory of Judy who was a Saints student-athlete who competed in cross country, basketball and track and field. She was the 1975 Mid-Suburban Middle School Athletic Conference Track & Field Champion in Long Jump. Judy tragically died in college and the award was named in her honor starting in 1985.

Fred D. Martin – This award is given annually in honor of Mr. Martin who was the athletic director at St. Peter from 1963 to 1992. Many of the current traditions of St. Peter athletics originated under his leadership and he was instrumental in the founding of the Mid-Suburban Middle School Athletic Conference. Mr. Martin passed away in 2011, but his legacy lives on through this award and the annual FDM Cross Country Invitational held every fall.

ATHLETIC TEAM AND INDIVIDUAL RECOGNITIONS

“WALL OF CHAMPIONS”

Varsity Athletes or Teams (This includes the MSMSAC 7th Grade Division) will get their picture put up outside of the Martin Activity Center if they achieve the following:

Individual – State Champion, Sectional Champion, Conference Champion (In track events, at least 4 individuals must participate in the event and at least 3 schools must be represented.), Invitational Champion (at least 8 teams), All-State or All-National (at any grade level)

Teams – National Champions, State Champions, Sectional Champions, Conference Champions, Tournament or Invitational Champions (at least 8 teams), National Runner-up, State Runner-up, Sectional Runner-up

"TEAM BANNERS in the Martin Activity Center" Selection Criteria

LBAA National Basketball Champions or Runner-up
Lutheran National Cross Country Meet Champions or Runner-up
LSA or IESA State Champions
LSA Sportsmanship Award

ASH Expectations and Code of Conduct

- All students who plan to utilize the Seasonal Supervision program must complete the form at the beginning of the season. Otherwise, weekly Extended Care reservations must be made.
- Students are to report to ASH right away after school. If they need to speak to a teacher, they should report to ASH with a pass before going to the teacher's room.
- Students who are not signed up for the seasonal supervision program will be charged for regular Extended Care supervision at the hourly rate.
- If student-athletes are staying on school property until their practice, they must report to Athletic Study Hall. Students who stay on school property without reporting to ASH are considered truant.
- All school policies as they pertain to truancy, behavior, technology use, etc. laid out in the Student Handbook remain intact during this time.
- The Extended Care team is providing an environment where students can socialize, eat a snack, and study. Wrong behavior choices will not be tolerated.
- Eating a healthy snack before practice is encouraged. **All snacks must be chosen from the St. Peter Lutheran School Food List referenced in the school handbook.** All food should be properly cleaned up when finished.

St. Peter Lutheran ATHLETIC COMMITMENT & CONSENT (2019-20)

(Athletes, Managers, and Parents – Please read completely and sign in the designated area.)

Philippians 3:13-14 "…forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

PLAYERS

As a member of the team, I will:

- Follow all guidelines laid out in the SP Student Handbook including the ASH Code of Conduct.
- Make academic studies their highest priority as a STUDENT-athlete
- Be prompt to practices and games and communicate with the coach when missing is necessary
- Be gracious in victory and accept defeat with dignity
- Be respectful to others - No offensive remarks, trash talking, taunting, boastful celebrations, or other actions that would demean individuals or the sport.
- Treat game officials with respect – No complaining about calls during or after an athletic event
- Exercise self-control – Avoid excessive displays of anger or frustration
- Exemplify a healthy life-style encouraging good nutrition and rest
- Be open-minded, willing to listen and learn
- Encourage team work on and off the court
- Honor the spirit and letter of rules of the sport – avoid improper gamesmanship techniques that violate the highest traditions of sportsmanship
- Engage in positive cheering only
- Be respectful of equipment and assist with set-up and take-down for games and practices
- Accept their role on the team and understand how their attitude and actions affect the group

Understanding it is a privilege to be a member of this team and a student-athlete at St. Peter, I sign this commitment with the intent to uphold the above expectations, NPM initiative, and guidelines in the athletic handbook to the best of my God-given ability.

SIGNED: _____Date _____

PARENTS & GUARDIANS

As a member of the team, I (we) will:

- Cheer positively for their team and refrain from using artificial noise makers
- Refrain from shouting at officials or making demeaning comments regarding the officials or opposing school
- Refrain from shouting coaching comments, allowing the coach to manage the team without interruption
- Support the coach even if you disagree

- Follow proper channels of communication when there is a concern
- Assist coaches and staff in the setting up and taking down of equipment for games
- Become active in the Booster Club by volunteering at athletic events hosted throughout the year by St. Peter (FDM XC Invite, Saints Shootout, & LSA State Basketball Tournament)

Please indicate if you do not <u>want</u> your child's picture used in SP Promotional Material or on the Athletic Website by checking here: _____

As parent or guardian of this child, I give my consent for them to participate in the indicated St. Peter sports and intend to uphold the above expectations, NPM initiative, and guidelines in the athletic handbook to the best of my God-given ability.

SIGNED:_____Date _____

***Please return to the school office or Mr. Huonder in the athletic office before participating on any team.**

SCHOOLS DIRECTORY (AWAY GAMES)

<u>MidSuburban Middle School Athletic Conference</u>

COOPER - 1050 Plum Grove Circle, Buffalo Grove (847-520-2750)

HOLMES - 221 S. Wolf Rd., Wheeling (847-520-2790)

LINCOLN - 700 W. Lincoln, Mt. Prospect (847-394-7350)

MACARTHUR - 700 N. Schoenbeck Rd., Prospect Heights (847-870-3879)

LONDON - 1001 W. Dundee Rd., Wheeling (847-520-2745)

RIVER TRAILS - 1000 Wolf Rd., Mt. Prospect (847-298-1750)

<u>Northwest Suburban Lutheran Conference</u>

Grace, River Forest - 7300 Division St., River Forest (708-366-6900)
St. Andrews, Park Ridge - 260 N. Northwest Hwy., Park Ridge (847-823-9308)
St. Paul, Mt. Prospect - 18 S. School St., Mt. Prospect (847-255-6733)

<u>Non-Conference Schools</u>

Bethany, Naperville - 1550 Modaff Rd, Naperville (630-355-6607)
Immanuel, Belvidere - 1225 E. 2nd Street, Belvidere (815-547-5346)
Immanuel, Crystal Lake - 300 S. Pathway Ct., Crystal Lake (815-459-1441)
Immanuel, Dundee - 5 S Van Buren St., East Dundee **(**847-428-1010)
Immanuel, Elmhurst - 142 East Third St., Elmhurst (630-832-9302)
Immanuel, Palatine - 200 N. Plum Grove Road, Palatine (847-359-1549)
St. Johns, Lombard - 215 S. Lincoln St., Lombard (630-629-2515)
St. Peter, Schaumburg - 202 East Schaumburg Road, Schaumburg (847- 885-3350)
Trinity, Roselle - 405 South Rush Street, Roselle (630-894-3263)
Zion, Marengo - 408 East Jackson Street, Marengo (815-568-3156

Christian Liberty Academy - 502 W Euclid Ave., Arlington Heights (847-670-0366)
Our Lady of the Wayside - 434 W Park St., Arlington Heights (847-253-5353)
Quest Academy - 500 N Benton St., Palatine (847-202-8035)
St. James - 820 N Arlington Heights Rd., Arlington Heights (224-345-7200)

Trinity Oaks Christian Academy – 233 Trinity Oaks Way, Cary (847-462-5971)
Our Lady of Perpetual Help - 1123 Church St, Glenview (847-724-6990)

High Schools
Walther Lutheran - 900 Chicago Ave., Melrose Park (708-344-0404)